



# Autumn Conference 7–9 October 2021 Goetheanum Dornach

## Acceptance Resonance Communities of Choice

Inspired by the 9<sup>th</sup> lecture of Rudolf Steiner's  
Curative Education Course

### Working groups

1. **Class lesson with Bart Vanmechelen (en):** Members of the School of Spiritual Science are warmly invited to join in creating the work with the 7<sup>th</sup> class lesson together.
2. **Spacial Dynamics (movement) with Jan Göschel (de/en):** We will be exploring through movement what happens between center and periphery and in the spaces in between.
3. **Drawing with Sonja Zausch (de/en):** Making structures and in-between-spaces visible by drawing geometric forms. This idea is inspired by the work of Emma Kunz.
4. **Painting with Rozemarijken Scheffers (de/nl):** We allow ourselves to be inspired by the colors and paint with the breathing of the moving soul; by moving between polarities.
5. **Modeling with clay and beeswax with Liia Ivanova (en/ru/bg):** We will practice in silence, exploring our own polarities through the materials and bringing them into resonance.
6. **Storytelling with Gleice da Silva (en):** We will create listening spaces for stories, as well as create/write our own stories. We will talk and discuss how to use stories to heal ourselves and others.

**A group of young people** worked together with the team of the Council to plan this conference. All those who participated are also offering a contribution during the conference.

In each of the small autumn conferences since 2013, we have been working with one lecture of Rudolf Steiner's Curative Education Course. Now, we prepared by working with the 9<sup>th</sup> lecture. In the conference, we will be working freely with themes that appear in this lecture. We want to understand and learn how we can live and work together, as people who are different from each other. Rudolf Steiner calls this capacity "spirit self".

**Lunch** is included in the conference ticket. With this we support the «Speisehaus», because the gastronomy was also very much affected by the measures during the pandemic.

**Singing** with Anna-Christina Gorbatschowa from Berlin/Germany. **Folk dancing** with Jannis Lux from Dornach/Switzerland. **Telling Karl König's life story** with lanthe Lauwaert and Melody Brink/UK.

Program	Thursday, October 7 Acceptance	Friday, October 8 Resonance	Saturday, October 9 Communities of Choice
9:00		Singing «Fishbowl» with three short contributions on Resonance <b>On «Zoom»</b>	Singing «Fishbowl» with three short contributions on Communities of Choice and Spirit Self <b>On «Zoom»</b>
10:30		Coffee break	Coffee break
11:00	«Wonder» open for meet and greet for online and live participants	Workshops on Acceptance and Resonance: · Class lesson and conversation · Spacial Dynamics (movement) · Drawing · Painting · Modeling with clay and beeswax <b>Alternatively online: With «Wonder» in language groups</b>	Looking back through journaling <b>On «Zoom»</b> Check-out: What do we, as a community, bring to the world? Singing
13:00		Lunch break	
14:30	Singing <b>Welcome</b> What brought me here, today, biographically? Small groups of five 15:15 «Fishbowl» <b>On «Zoom»</b> with three short contributions on Acceptance	Sharing the experience of the workshops and create an artistic contribution.  Afterwards exhibition in the Carpentry Hall. <b>Alternatively online: With «Wonder» in language groups</b>	<b>Explanations</b>  «Fishbowl» is a specific way to have a conversation as a group. It works like this: We all sit in a big circle. In the center, there is a smaller circle of 5 chairs. Everyone who wants to make a contribution can sit down in the center and say something. When you have said something, you can stay in the center. You can also go back to your place in the big outer circle. There is only one rule: There always has to be one open chair in the inner circle, so that people from the outer circle feel invited to join the inner circle and make a contribution. That way, the people on the chairs are always changing.  «Zoom» and «Wonder» are two possibilities for people to speak with each other on their computer. This is for people who cannot come to Dornach for the conference. This way, they can also take part and meet each other.
16:00	Coffee break	Coffee break	
16.30	Biography exercise: <b>On «Zoom»</b> The relationship between my personal and my professional biography  17:15 Plenum <b>On «Zoom»</b>	Open space on the conference theme <b>On «Zoom»</b>	
18:00	Evening break	Evening break	
19:00 – 22:00	Singing Telling Karl König's life story <b>On «Zoom»</b> Night café with bonfire <b>On «Wonder»</b> Review of the day	Singing Open stage with contributions from the morning workshops Folk dancing	«Journaling» means: We will ask you a question. Then you can either write down the answers, or you can speak with someone else about them.