

Wednesday, 24 October

15.00–16.30

School meeting for School members

5th class lesson – Creative speech

Introduction and discussion

*Marjo v. d. Himst / Xandor Koesen-York /
Oliver Ifill*

- or -

15.00–16.30

Introduction to class work in the School of Spiritual Science

Open event for members and
also non-members of the First Class

Agnes Zehnter

17.00 Conference start

17.00–18.30

Welcome and introduction

Foundation Stone verse

Commemoration of the dead

18.30–20.00 Evening break

20.00–21.30

Lecture

Burnt out life – when a person loses their
relationship with themselves

Barbara Denjean

Thursday, 25 October

07.45–08.45

Bothmer® gymnastics

Urs Kohler

- or -

08.00–08.45

Speech choir

Renate Pflästerer

09.00–10.30

Lecture

“The invisible human being in us” – a contribution based on the anthroposophical understanding of the human being to deepen diagnosis of the human constitutional elements using examples of sleep disorders
Kathrin Studer-Senn

10.30–11.15 Coffee break

11.15–12.30

Workshops

Deepening the conference subject matter

12.30–14.30 Lunch break

14.30–15.45

Specialist groups

15.45–16.15 Coffee break

16.15–17.15

The fairy tale of the green snake and the beautiful lily (Part 1) J.W. von Goethe

Narrated and performed by Inga York-Koesen

17.15–18.30

Plenary session

Section work.

Reports from the professional fields

Kirstin Kaiser (Coordination)

18.30–20.00 Evening break

20.00–21.30

Lecture

Preventing burnout through language support in children and young people

Georg Soldner

Friday, 26 October

07.45–08.45

Bothmer® gymnastics

Urs Kohler

- or -

08.00–08.45

Speech choir

Renate Pflästerer

09.00–10.30

Case report and exercises

Annette Flaig / Dietmar Ziegler

10.30–11.15 **Coffee break**

11.15–12.30

Workshops

Deepening the conference subject matter

12.30–14.30 **Lunch break**

14.30–15.45

Specialist groups

15.45–16.15 **Coffee break**

16.15–17.15

The fairy tale of the green snake and the beautiful lily (Part 2) J.W. von Goethe

Narrated and performed by Inga York-Koesen

17.15–18.30

Lecture

–As if the body were dancing–

Rudolf Steiner's gestural approach in speech

Ulrike Hans

18.30–20.00 **Evening break**

20.00–21.30

Poetry in the evening

Burnt out, afire, enflamed

Contributions from participants

Saturday, 27 October

07.45–08.45

Bothmer® gymnastics

Urs Kohler

- or -

08.00–08.45

Speech choir

Renate Pflästerer

09.00–10.30

Case report and exercises

Andrea Klapproth / Barbara Denjean

10.30–11.15 **Coffee break**

11.15–12.30

Workshops

Deepening the conference subject matter

12.30–14.30 **Lunch break**

14.30–15.45

Specialist groups

15.45–16.15 **Coffee break**

16.15–17.15

The fairy tale of the green snake and the beautiful lily (Part 3) J.W. von Goethe

Narrated and performed by Inga York-Koesen

17.15–18.30

Concluding plenary session

Philip Jakobsen (Moderator)

18.30–20.00 **Evening break**

20.00–21.30

Performance

'The Father'

A theatre project from AmWort

Director Valerian Gorgoshidze