
Speech choir

Thursday to Saturday 14.30–15.00

The three units of each choir group build on one another.

5. Clenching and releasing – syllabic and dynamic. With syllabic flexibility we will practise a technique which opens up exciting creative possibilities for us. Spoken chorally, that can produce vocal transparency, polyphony and different forms of dynamic and structuring of time. We will practise with texts from Rudolf Steiner and Greek poetry. *Dorothea Ernst, creative speech practitioner, Rheinfelden, CH (German)*

6. Poems. Together we will speak one or two poems, or parts of them, suited to the subject matter of the conference. That will include the poem “Fürchtet Euch nicht” (“Fear not”) by Marie Luise Kaschnitz (particularly the first part). The three methodological steps I aim to pursue are: inner understanding (intuition); developing inner and outer feeling (inspiration); speech creation (imagination). To this end it would be helpful to acquaint ourselves with the Kaschnitz text in advance. *Jens-Peter Manfrass, therapeutic creative speech practitioner, Arlesheim, CH (German)*

7. Shadow and light, don’t take fright! We will speak texts appropriate for the subject matter of the conference. *Silke Kollewjin, art therapist (ED) specialising in speech and drama, creative speech practitioner, Basel, CH (German)*

8. A dramatic, apocalyptic poetic work by Rudolf Steiner. In our group we will work dynamically and with imagination on the text “Den Berliner Freunden” (For the Berlin Friends) of 1923. *Xandor Koesen York, therapeutic creative speech practitioner and drama teacher, Straelen, DE (German, Dutch)*