Transformation

Facing the loss of reality

From thought to living experience

Vitality over degeneration

Moving together – a force for the future

Goetheanum

24 – 28 March

2027

International Eurythmy Conference

Eurythmy

TRANSFORMATION



What changes does the future require and where is wakefulness called for? When preparing this conference we asked ourselves again and again what questions are most relevant today in the professional life of eurythmists.

Four thematic areas emerged that are in need, or in the process, of development and that call for TRANSFORMATION: the widespread loss of reality as an aspect of our time, the need to strengthen the life forces, the question of community building and tangible access to ideas.

We would like to create spaces where these themes can be explored and deepened and look forward to a lively encounter and engagement with them so that we can return to our daily lives with new inspirations and strength.

We warmly invite our colleagues from the different fields of work and cultures to participate, engage with and work together on the further development of eurythmy. We also welcome everyone wishing to join our conference out of interest in eurythmy and some of its many facets.

Holy Week forms the context for our conference. This special time of the year allows us to pause and prepares us for Easter, the great transformative event that makes the earth visible and accessible to us in the image of the approaching spring.
May this time and our gathering give us strength and inspiration to go forward with and out of the transformative forces of eurythmy.

We look forward to seeing you all.

Lina Baimler, Stefan Hasler, Hanna Koskinen, Lena Sontheimer, Ulrike Wendt and Michael Werner

Interpretation: all lectures are in German with simultaneous English interpretation. Other languages are available from a minimum of 10 participants (see online booking, by 10 March 2027).
German version under: srmk.goetheanum.org/konferenzen/eurythmie-27

Registration and further information:
srmk.goetheanum.org/en/conferences/eurythmy-27

Goetheanum | School of Spiritual Science
Section for the Performing Arts
Goetheanum, Postbox · CH–4143 Dornach · www.goetheanum.ch

WORKSHOPS

Thursday to Saturday 9.00 – 10.30 · Sunday 9.00 – 10.00

Twenty workshops offer opportunities to engage deeply with one aspect of the conference theme on four consecutive days.
On Saturday evening we present the different approaches to each other.



FACING THE LOSS OF REALITY

Workshop 1* | ***Nashwa Ahmed/Martina Dinkel***
Tackling a loss of touch with reality – embodied approach to transformation for a vital development Transformation as a living, embodied process which guides to gradually awakening vitality, resilience and inner renewal
Speech eurythmy – EN/DE

Workshop 2 | ***Matthias Jeuken***
Eurythmische Seelengesten in der Mittel- und Oberstufe als Möglichkeit zum Begegnen des Empathieverlusts Wahrnehmungs- und Gestaltungsfähigkeiten im Sozialen stärken durch improvisierte, künstlerische Arbeit mit den Seelengesten
Speech eurythmy/silent eurythmy - DE

FROM THOUGHT TO LIVING EXPERIENCE

Workshop 3 | ***Mikko Jairi***
Experiencing etheric forces and soul space Distinguishing more subtle etheric and soul experiences in gestures and forms
Speech eurythmy – DE/EN/FIN

Workshop 4 | ***Olga Gerasimova/Svetlana Artamoshina***
Steiner-Formen – Erfahrung, Übung und neue Impulse Formen und Arbeitsweisen für konkrete pädagogische, künstlerische und heilpädagogische Situationen
Speech eurythmy – DE/RUS

Workshop 5 | ***Michelle Kaplan/Silke Sponheuer***
From Thought to Living-Experience: An Artistic Journey through the Development of Human Consciousness Exploring the Anthroposophical understanding of the human being from the Ancient Saturn epoch through to present time and beyond
Speech eurythmy/tone eurythmy – EN/DE

Workshop 6 | ***Sivan Karnieli***
Apollinische Formkraft und der Logosstrom der Sprache Lebensstrom und Sinnstrom der Sprache durch den Menschen verbinden
Speech eurythmy – DE

Workshop 7* | ***Daliya Paz***
„I am the way“ Dimensions of Eurythmy in the light of the Holy Week through basic exercises
Tone Eurythmy/Silent Eurythmy – EN

Workshop 8 | ***Maria Scheily***
„Zum Raum wird hier die Zeit“ Musik als Kunst in der Zeit und ihre Transformation in den Raum als sichtbarer Gesang
Tone eurythmy – DE

Workshop 9 | ***Benedikt Zweifel***
Vom Element zum Äther Die Beziehung und Verwandlung von Elementen und Ätherarten in der Eurythmie
Speech/tone/silent eurythmy – DE

VITALITY OVER DEGENERATION

Workshop 10* | ***Marc Büche***
Gesang-Eurythmie/Singing Eurythmy Melos, rhythm, beat and intervals as helpers in professional life
Tone eurythmy – DE/EN

Workshop 11 | ***Helga Daniel***
From living experience to thought Developing teaching methods for eurythmy in the different age groups
Speech eurythmy – DE/NL/EN

Workshop 12* | ***Christiane Hagemann***
Die Kraftfelder der Laute als Instrumente für Transformation Praktisch anwendbare Übungen für alle salutogenetisch oder therapeutisch Interessierten
Speech eurythmy – DE

Workshop 13 | ***Christine van Draanen/Sarah Weber***
Transformation through Harmonizing: Eurythmy for Animals – a less travelled road Can we harmonize the Animal Kingdom (pets, horses, farm animals, bees and others) by offering eurythmy?
Silent Eurythmy – EN

MOVING TOGETHER – A FORCE FOR THE FUTURE

Workshop 14 | ***Ada Bachmann/ Kjell Häggmark/ Miranda Markgraf***
Eurythmy in Kindergarten – A Transformative Process Open processes of elementary eurythmy and its effectiveness through the magic of resonance
Speech eurythmy/silent eurythmy – DE/EN/SE

Workshop 15 | ***Hsin-Shih Lai***
Me? Us? Bringing the present self in harmony with the group
Tone eurythmy/speech eurythmy – EN/ZHO

Workshop 16 | ***Melaine MacDonald***
Working with Qualities of Space and Presence Exploring substance and form in relation to movement in space (inner, inbetween and surrounding)
Speech/Tone/Silent Eurythmy – EN/DE

Workshop 17* | ***Teresa Mazzei***
Moving together – a driving force for the development of individuals and organizations Discovering how Eurythmy can be a significative help in current times for human beings and their organizations
Silent Eurythmy – EN/IT

Workshop 18 | ***Magali Müller-Peddinghaus***
Transformative processes in eurythmy. From the social sphere to inner meditative experience to expanded social awareness
How can we become more sensitive to the positive forces that are active in communities?
Speech eurythmy/silent eurythmy – DE/EN/NL

Workshop 19 | ***Jan Ranck***
“Behold how good and pleasant it is to dwell together in harmony” (Psalm 133:1) Exercises to enhance self-awareness, awareness of our surroundings and our ability to work together.
Speech/tone/silent eurythmy DE/EN

Workshop 20 | ***Maren Stott***
“Methamorphoses” – through the rich poetic language of Ted Hughes Exploring the opportunities of expression in eurythmy through the fluidity of English
Speech Eurythmy – EN/DE

* open to anyone interested

>>> for Workshop details visit:
srmk.goetheanum.org/en/conferences/eurythmy-27

PLENUM/LECTURES

Daily 11.15 – 13.00, Sunday 10.45 – 12.30

Transformation and Eurythmy – four topics

For the four plenary sessions we invited speakers who have worked deeply with the conference topics.



Prof. Dr. Joachim Bauer, neuroscientist, internist, psychotherapist and author, worked for many years at Freiburg University, now in Berlin. In his books on reality loss (Realitätsverlust, 2023) and humanity in the digital age (Menschlichkeit in digitalen Zeiten, 2026) he discusses the impact of using digital services. He will address their devastating effect on children and young people and the importance of the living body as the location of the sense of self and of the soul and as the source of true intelligence.



Dr. Martina Maria Sam is a eurythmist, Germanist, Rudolf Steiner biographer, co-editor of Rudolf Steiner's complete works and of his books on eurythmy in particular. In her Good Friday lecture she will explore the importance of eurythmy for humanity's fundamental task today: to re-create the gradually fading natural life forces by connecting with the Christ being.



In the demonstration following the lecture ***Ulrike Wendt*** and the ***Zodiac 2025*** project ensemble will illustrate how research into the zodiac and planet gestures has opened up new doors.



On Saturday the focus will be on eurythmy's practical contributions to teaching, therapy and adult education. What can we do to sustainably strengthen the life forces in times of great tension and exhaustion? ***Barbora Forbaková*** (pedagogical eurythmy) from Prague, ***Norman Kingeter*** (eurythmy therapy) from Arlesheim Hospital and ***Oksana Alexina*** (eurythmy in enterprises) from Moscow share their experiences.



After the Easter Sunday eurythmy, ***Claudine Nierth*** and ***Roman Huber*** from More Democracy will discuss the Social Question: "What separates us and what unites us? Society's longing for connection." Their topic is also the title of a work report in which they discovered and applied fundamental principles of eurythmy as socially creative elements.

GOOD FRIDAY AFTERNOON

Good Friday is the culmination of Passiontide and stands for the transformation of the entire earth through Christ's death. We aim to turn our attention on this day to the Good Friday events.

After an outdoor lunch there will be the opportunity to spend more time in the Goetheanum Gardens or walk to the hermitage in Arlesheim and gather in smaller or larger groups for nature contemplations or for guided visits to locations associated with the Parsifal epos.

SALUTOGENESIS

Thursday/Saturday 15.00 – 16.00

Time for myself

>>> more details at the information desk

What do I need now? Two one-hour units are dedicated to individual restorative activities. You can arrange to meet for conversations or simply take a break, find inspiration in guided tours and exhibitions, enjoy self-strengthening exercises, meditation, the experience and creation of colour spaces or treat yourself to a rhythmical einreibung or eurythmy massage.

MARKETPLACE

Thursday/Friday/Saturday 16.30 – 18.00

Eurythmy as transformative art

The Marketplace is for encounters, new ideas and joy in presenting impulses, for research approaches from all areas of eurythmy, performances with subsequent discussions or for sharing questions and experiences from practice.

The Marketplace Eurythmy Forum offers colloquia on topical questions and future perspectives: What is changing in eurythmy training? Are there new approaches to teaching eurythmy in schools? We hope for a vibrant exchange with many practitioners and inspiring ideas for everyone.

We also invite eurythmy students to introduce themselves and offer schools looking for eurythmists the chance to advertise their needs in the Foyer.

The Marketplace is where we can learn from one another, share experiences and look beyond the horizon together. It also offers space for many other contributions. We look forward to an open discourse and encounters that facilitate connection, inspiration and innovation.

>>> Please register planned contributions with Hanna Koskinen srmk@goetheanum.ch
srmk.goetheanum.org/en/conferences/eurythmy-27

PERFORMANCES

Wednesday to Sunday

Artistic transformations

Performances start on Wednesday with a workshop demonstration presented by ensembles from England and Hungary: first ***Eurythmy West Midlands*** directed by Maren Stott will show Erysichthon from the Tales of Ovid, a poetic interpretation of Ted Hughes' Metamorphoses. ***Artemis Eurythmy Ensemble*** Budapest under the direction of Maria Scheily will then perform Franz Schubert's Symphony No. 5 (D 485) accompanied by a chamber orchestra.

On Thursday evening colleagues from around the world will share group or solo excerpts from their artistic work.

Good Friday will unite the ***Else Klink Ensemble*** and the ***Goetheanum Eurythmy Ensemble*** for a programme especially put together for this occasion: 'On the edge of the unheard-of'.

A festive performance by the ***Goetheanum Eurythmy Ensemble*** will set the tone for Easter Sunday.

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SUNDAY, 21.3.2027

16.00
Parsifal
A sacred festival drama
Final performance!

Parsifal tickets can be booked with the conference tickets, but availability is limited. Booking closes 31 January 2027.

MONDAY, 22.3.2027

between 11.00 and 17.00
Open House and guided tours
See programme of the day

Representative of Humanity, Edith Maryon's room, Helene Finckh's hut, Rudolf Steiner's studio, Hochatelier, Exhibition about the First Goetheanum, Glass House and Gardens among others.

TUESDAY, 23.3.2027

from 9.30 am
Registration for Themed Day
at the information desk

10.00 – 18.00
Themed Day
For more information see the programme in this flyer and on the conference website

WEDNESDAY, 24.3.2027	TIME	THURSDAY, 25.3.2027	FRIDAY, 26.3.2027	SATURDAY, 27.3.2027	SUNDAY, 28.3.2027
	9.00 – 10.30	Workshops		Workshops	9.00–10.00 Workshops
	10.30 – 11.15	Coffee		Coffee	10.00–10.45 Coffee
	11.15 – 13.00	***Loss of reality through digital products*** ***The value of genuine analogue body experience*** Lecture by *Professor Joachim Bauer*, Berlin	***Eurythmy and the new life force of Christ*** Lecture by *Dr. Martina Maria Sam*, Dornach followed by ***Formative forces of the zodiac in eurythmy*** Demonstration by the *Zodiac 2025 project ensemble*, directed by *Ulrike Wendt*	***Vitality over Degeneration – Strengthening the Life Forces*** Contributions from teaching, therapy and adult education *Barbora Forbaková*, Prague *Norman Kingeter*, Klinik Arlesheim *Oksana Alexina*, Moscow	10.45 ***Eurythmy for Easter Sunday*** ***What separates us and what connects us?*** ***Society's longing for connection*** *Claudine Nierth* and *Roman Huber*, Elmshorn ***Concluding plenum*** ends 12.30
	13.00 – 15.00	Lunch	13.00 – 16.30 ***Good Friday in Nature*** Outdoor refreshments, guided tours and nature contemplation in the Goetheanum Gardens and at the Hermitage	Lunch	
	15.00 – 16.00	***Salutogenesis – time for myself***		***Salutogenesis – time for myself***	
	16.00 – 16.30	Interval		Interval	
16.00 – 18.00 **MEDITATIVE DEEPENING**	16.30 – 18.00	***Eurythmy as Transformative Art*** Marketplace for innovative ideas and practice			
	18.00	Evening break			
19.30 ***Conference opening – Welcome*** followed by ***Workshop Performance*** *Eurythmy West Midlands and Artemis Eurythmy Ensemble Budapest*			19.00 – 19.45 ***Commemoration of the Dead***		
	in the evening	19.30 ***Human Transformation*** Performance with contributions from around the world	20.15 ***On the edge of the unheard-of*** Performance by ***Else-Klink-Ensemble***, Stuttgart and the ***Goetheanum-Eurythmy-Ensemble***	20.00 ***Paths of Transformation*** Impressions from the morning workshops	

– subject to alterations –

TUE, 23.03. THEMED DAY

The conference is preceded by a themed day for the different professional groups, with meetings of eurythmy associations and full- and half-day courses and themed forums. Registration starts 9.30 am on the day at the information desk in the Goetheanum, where a list of venues is also provided.
>>> For further details, see: srmk.goetheanum.org/en/conferences/eurythmy-27

DAY COURSES

10.00 – 18.00

Tanja Baumgartner: ***Introduction to eurythmy massage***, with practical exercises

Noëmi Böken/Nicolas Rissmann: ***What eurythmy can achieve in developing a vibrant organisational culture***

Stefan Hasler: ***The movement of strings, wind and percussion instruments in tone eurythmy***

Moritz Jehle/Laura Mönkemeyer/Sonja Zausch: ***Eurythmy with children, young people and adults with assistance needs***

THEMED FORUMS

10.00 – 14.00

Babette Hasler: ***Speaking for Eurythmy, for eurythmists***

Michael Werner/Christiane Hagemann: ***'Vitaleurythmie'***

14.00 – 18.00

Bettina Grube/Lena Sontheimer/Ulrike Wendt: ***Stage Forum – what does transformation mean for eurythmists today?***

WED, 24.03. MEDITATIVE DEEPENING

16.00 – 18.00

Peter Selg: ***Class Lesson 10*** (DE, blue card required)

Daliya Paz: ***Class lesson 6*** (EN)

Lina Baimler: ***Meditatively deepened knowledge of the human being*** (DE)

Ulrike Wendt: ***Meditation and eurythmy exercises*** for Class Lesson 9 (DE)

Michael Werner: ***Class Lesson 1,*** freely rendered with conversation (DE)

TICKETS

Includes 3 x lunch and 4 x coffee break

Full conference tickets:

standard	450 CHF
concessions	300 CHF
students only	150 CHF

If you are unable to attend the whole conference, you can book individual day modules. Module tickets include all events, lunch and coffee break but not the workshops.

	Module 1:	Wednesday/Thursday
	Module 2:	Friday
	Module 3:	Saturday/Sunday
Module tickets:	**standard**	180 CHF
	concessions	125 CHF
	students only	60 CHF

All information available on the conference website: srmk.goetheanum.org/en/conferences/eurythmy-27

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