

The Creative in the Artistic Process and Its Meaning for the Human Being and Social Processes (VAS/SPA/SLAH)

status: future

Research Question and Background

With his famous statement 'Every human being is an artist', Joseph Beuys hit the nerve of the times, while formulating a task for the future at the same time. Our current culture, dominated by technical processes, mechanises people and robs them of their life forces and humanity, which ultimately leads to the destruction of culture and nature. In practising artistic skills, every human being can become aware of his or her creative potential and thus become sensitised to the living processes within, one's fellow human beings and nature.

The aim is to describe this layer of the creative living, the etheric, and to make it an experience through exercises from painting, sculpture, architecture, art contemplation, eurhythm, music, speech formation and drama.

Perspective and relevance

Artistic practice in this sense is not a 'nice to have' or an expendable luxury, but forms the basis of a free, self-determined life in our technologised world - it is a 'need to have', because in practising artistic activities, people can maintain, cultivate and protect their freedom of being. A counterbalance is created to the technical structures and processes that mostly unconsciously shape our thoughts and actions and to which we are exposed every day. In a time of mental bottomlessness, dealing with this



Graduation course at the Eurythmeum Stuttgart, summer 2023. (Photo: Xue Lie)

phenomenon, which has an impact on personal development, can be practised purposefully in designed and manageable artistic situations and which can then be carried over into everyday life. The practice of artistic activity is an existential essential for every human being. The research work is intended to show which methods and objectives are purposeful here.

Approach, Cooperation and Time Frame

First, the effect of art regarding the questions outlined above would have to be researched in a theoretically sound manner. There are research results on this in art therapy and art didactics that need to be incorporated accordingly. Furthermore, practice seminars and simple handouts should be developed on how artistic work can be integrated into the everyday life of every individual. It would be desirable to get in touch with companies on these issues regarding their staff and staff training. This has already been done to some extent with company eurhythm and speech formation.

Dealing with technology and transhumanism is another field of research of the Section for the Literary Arts and Humanities in cooperation with the Natural Sciences Section. Collaboration with the Medical Section and the Section for Curative Education and Inclusive Development, as well as with the Anthroposophical Society is planned.