

| Thursday, 22 October                                                                                                                                                                                                                                                                                                                | Friday, 23 October                                                                                                                                                                                                                                                                                                      | Saturday, 24 October                                                                                                                                                                                                       | Sunday, 25 October                                                                                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                                                                                                     | 08.15–08.45 <i>(optional)</i><br><b>Introduction to the Act of Consecration of Man</b><br>(DE/EN)<br>or<br><b>Introduction: What is the School of Spiritual Science</b> (DE/EN)                                                                                                                                         | 08.15–08.45 <i>(optional)</i><br><b>Class lesson for members of the School of Spiritual Science</b><br>(DE/EN)<br>or<br><b>Introduction and discussion: The meditative path of the School of Spiritual Science</b> (DE/EN) | 08.15–08.45 <i>(optional)</i><br><b>Act of Consecration of Man</b> (DE)                                                              |
|                                                                                                                                                                                                                                                                                                                                     | 09.00–10.30<br>Singing<br><b>Lecture: How does the body become my home?</b><br><i>Bruno Callegaro</i>                                                                                                                                                                                                                   | 09.00–10.30<br>Singing<br><b>Lecture</b><br><b>“Awakening senses, daring to ask, discovering learning”</b><br><i>Julia Rose</i>                                                                                            | 09.00–10.30<br>Singing<br><b>Lecture</b><br><b>Supporting development between freedom and necessity</b><br><i>Christoph Meinecke</i> |
|                                                                                                                                                                                                                                                                                                                                     | 10.30–11.15 <b>Coffee break</b>                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                            |                                                                                                                                      |
|                                                                                                                                                                                                                                                                                                                                     | 11.15–12.00<br><b>Discussion groups on the lecture</b>                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                            |                                                                                                                                      |
|                                                                                                                                                                                                                                                                                                                                     | 12.15–13.00<br><b>Artistic exercises in groups</b><br>Bothmer gymnastics®, creative speech or eurythmy therapy                                                                                                                                                                                                          |                                                                                                                                                                                                                            |                                                                                                                                      |
|                                                                                                                                                                                                                                                                                                                                     | 13.00–15.00 <b>Lunch break</b>                                                                                                                                                                                                                                                                                          | 10.30–11.15 <b>Coffee break</b>                                                                                                                                                                                            | 10.30–11.15 <b>Coffee break</b>                                                                                                      |
|                                                                                                                                                                                                                                                                                                                                     | 15.00–16.30<br>* <b>Workshops by professional field</b><br>For physicians, learning support teachers and those working in emergency education                                                                                                                                                                           | 11.15–12.00<br><b>Discussion groups on the lecture</b>                                                                                                                                                                     | 11.15–11.45<br><b>Discussion groups on the lecture</b>                                                                               |
| 16.30 <b>Conference start</b>                                                                                                                                                                                                                                                                                                       | 16.30–17.00 <b>Coffee break</b>                                                                                                                                                                                                                                                                                         | 12.15–13.00<br><b>Artistic exercises in groups</b><br>Bothmer gymnastics®, creative speech or eurythmy therapy                                                                                                             | 11.55–12.30<br><b>Concluding plenary session</b>                                                                                     |
| 16.30–17.00<br><b>Welcome</b><br>The General Anthroposophical Society and the School of Spiritual Science                                                                                                                                                                                                                           | 17.00–18.30<br>** <b>Further training and practical exercises</b><br><i>Free choice of topics related to the subject areas</i>                                                                                                                                                                                          | 13.00–15.00 <b>Lunch break</b>                                                                                                                                                                                             |                                                                                                                                      |
| 17.00–18.30<br><b>Lecture</b><br><b>Trauma and development – Turning crises into opportunities</b><br><i>Bernd Ruf</i>                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                         | 15.00–16.30<br>** <b>Workshops</b> by professional field<br>For physicians, learning support teachers and those working in emergency education                                                                             |                                                                                                                                      |
| 18.30–19.30 <b>Evening break</b>                                                                                                                                                                                                                                                                                                    | 18.30–19.30 <b>Evening break</b>                                                                                                                                                                                                                                                                                        | 16.30–17.00 <b>Coffee break</b>                                                                                                                                                                                            |                                                                                                                                      |
| 19.30–21.00<br><b>Plenary session</b> for doctors working in kindergartens and schools<br>or<br><b>Plenary session</b> for special educational needs and emergency education teachers on the topic: “Exploring the Impact of Bidirectional Trauma Transmission Among Children and Caregivers in Lebanon on Inclusive Peacebuilding” | 19.30–21.00<br><b>Plenary session</b> for doctors working in kindergartens and schools<br>or<br><b>Plenary session</b> for special educational needs and emergency education teachers on the topic: “Learning in difficult times – times of difficult learning” Experiences from the field of special educational needs | 17.00–18.30<br>** <b>Further training and practical exercises</b><br><i>Free choice of topics related to the subject areas</i>                                                                                             |                                                                                                                                      |
|                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                         | 18.30–19.30 <b>Evening break</b>                                                                                                                                                                                           |                                                                                                                                      |
|                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                         | 19.30–21.00<br><b>“Il Paradiso”</b><br>Director: Claudio Puglisi<br>As part of the theatre festival at the Goetheanum                                                                                                      |                                                                                                                                      |