



International conference and advanced training
for kindergarten and school physicians

Prematurely born and chronically ill children in
kindergarten and school

27–30 October 2018

Medical Section
in collaboration with the
Society of Anthroposophic Physicians
in Germany (GAÄD)



Gesellschaft
Anthroposophischer Ärzte
in Deutschland

Goetheanum

It was in ancient times,
That there lived in the souls of initiates
Powerfully the thought that
By nature every human being is sick.
And education was seen
As a healing process
Which, as they matured,
Gave children the health
To be complete human beings in life.

Rudolf Steiner

Dear Colleagues,

The international kindergarten and school physicians' conference will take place once again at the Goetheanum in Dornach from 27 to 30 October 2018 to which you are very warmly invited. Since this conference is also an integral part of our modularised advanced specialist training to become a kindergarten and school physician, we particularly welcome new entrants to this specialist field as well as all colleagues who are interested in subjects related to it or also in child development in general whose participation will enhance our collaboration.

Our conference subject this year is:

Prematurely born and chronically ill children in kindergarten and school

Our specialist lectures will start with **consideration of the prematurely born child**. This subject will be deepened further on the same day by a **presentation on foetal development and the specific problems of premature children and their families**. On the next day the focus is on the major subject of **allergies** with the afternoon devoted to a special examination of **childhood bronchial asthma**. **Overweight and obesity in children and young people** as well as **coeliac disease** and **chronic inflammatory bowel diseases**: will concern us on the third day. A lecture about **absences, tics and other forms of seizure in childhood** round off this series of specialist lectures.

With regard to the way the conference is conducted this year, we consider it particularly important that, on the one hand, the individual clinical pictures are presented to us by proven experts but that, on the other hand, we take our very specific perspective, that is our tasks as school physicians, very seriously.

Instead of our joint textual work, we have therefore decided this year to supplement each specialist lecture with concrete case studies from our activity as school physicians with the question: what does a child with this specific clinical picture require from kindergarten or school and what tasks arise as a result for us as school physicians?

The intention is that briefest possible case reports from experienced school physicians appropriate for the clinical picture should introduce an intensive exchange of views in the plenary session.

For the specialist lectures we have recruited experienced paediatricians and general practitioners and as the external speaker, particularly in connection with the subject of "Overweight in children", the certified (diploma) nutrition scientist and cook Agnes Streber, director of the "KinderLeicht" nutrition institute in Munich.

From Sunday to Tuesday, the **Act of Consecration of Man** forms the prelude for our morning work. Before the lunch break each day, there is an opportunity for us to engage in movement and together practise **eurythmy therapy** or **creative speech**, or to play **chamber music**. So that the correct music can be brought along for the chamber music, all musicians who decide in favour of chamber music are warmly requested to contact Michael Knoch (knoch@fwsk.net) at least 14 days before the conference starts.

In the early afternoon, we will again hold our **workshops** which, as in previous years, will extend far beyond our immediate conference topic with a diverse and varied range of subjects.

Sunday evening will form a bridge to education in our very medically oriented conference this year with a lecture by Michaela Glöckler on "**Therapy with the tools of education**".

It is a particular feature of our profession that almost all of us as "lone fighters" at our schools and kindergartens have little opportunity for the direct exchange of views with our medical colleagues. Hence it is always our particular concern that at the kindergarten and school physicians' conference personal encounter, the exchange of views among ourselves and mutual help are given sufficient space. We intend to use the time of the two evening plenary sessions on Saturday and Monday for this purpose.

We hope very much that both experienced colleagues and those who have developed a completely new interest in the field of kindergarten and school medicine – and particularly also colleagues from the non-German speaking world – will feel that this year's conference subject and this way of working together is something for them, so that we can come together as a large group to enhance our schools and kindergartens with new impulses.

For the preparatory group

Michaela Glöckler, Renate Karutz, Ulrike Lorenz, Claudia McKeen, Bettina Pump, Martina Schmidt and Georg Soldner.

Saturday, 27.10.2018

08.45–09.00

Welcome

09.00–10.15

Lecture

The premature child in school

Bernhard Ulrich

10.15–11.00 **Coffee break**

11.00–11.45

Case presentation

Martina Schmidt

12.00–13.00

Eurythmy therapy

Michaela Trefzer

Creative speech

Eva Sonnleitner

*** Chamber music**

Michael Knoch

13.00–15.00 **Lunch break**

15.00–16.15

Workshops

16.15–16.45 **Break**

16.45–17.45

Lecture

What support do former premature children and their families need?

Martina Schmidt

17.45–18.00 **Break**

18.00–18.45

Case presentation

Maike Wellmann

18.45–20.00 **Evening break**

20.00–21.30

Plenary session

Introductions and collection of current issues, current state of international further training to become a school physician

Sunday, 28.10.2018

08.15–08.45

Act of Consecration of Man

09.00–10.15

Lecture

The allergic child at kindergarten and school age

Georg Soldner

10.15–11.00 **Coffee break**

11.00–11.45

Case presentation

Renate Karutz

12.00–13.00

Eurythmy therapy

Michaela Trefzer

Creative speech

Eva Sonnleitner

*** Chamber music**

Michael Knoch

13.00–15.00 **Lunch break**

15.00–16.15

Workshops

16.15–16.45 **Break**

16.45–17.45

Lecture

Bronchial asthma and internalisation processes at school age

Karin Michael

17.45–18.00 **Break**

18.00–18.45

Case presentation

Renate Karutz

18.45–20.00 **Evening break**

20.00–21.30

Lecture

Therapy with the tools of education

Michaela Glöckler

Monday, 29.10.2018

08.15–08.45

Act of Consecration of Man

09.00–10.15

Lecture

Overweight in children – difficulties, needs and motifs

Agnes Streber

10.15–11.00 **Coffee break**

11.00–11.45

Discussion following lecture

Agnes Streber

12.00–13.00

Eurythmy therapy

Michaela Trefzer

Creative speech

Eva Sonnleitner

*** Chamber music**

Michael Knoch

13.00–15.00 **Lunch break**

15.00–16.15

Workshops

16.15–16.45 **Break**

16.45–17.45

Lecture

Digesting school subjects and stomach pain – from dyspepsia to IBD

Karin Michael

17.45–18.00 **Break**

18.00–18.45

Case presentation

Bettina Pump

18.45–20.00 **Evening break**

20.00–21.30

Plenary session

Discussion on current issues

Tuesday, 30.10.2018

08.15–08.45

Act of Consecration of Man

09.00–10.15

Plenary session

The twitch that clouds consciousness – absences, tics and other forms of seizure

René Madeleyn

10.15–11.00 **Coffee break**

11.00–12.30

Case presentation

Ulrike Lorenz

Discussion,

review and outlook

-Subject to change-

Workshops

- 1. Introduction to the school physician's work**
Wolfgang Kersten (DE)
- 2. Workshop on the conference subject matter**
Martina Schmidt and referents (DE)
- 3. Enrolment interview and examination. What differentiates our task from that of the medical officer?**
Renate Karutz (DE)
- 4. Highly gifted children in the Waldorf school**
Ulrike Lorenz (EN)
- 5. Children's drawings as visible expression of the metamorphosis of growth forces**
Claudia McKeen (DE/EN)

Chamber music *

For further information about the chamber music module with Michael Knoch before each lunch break, we would ask all those interested to contact Michael Knoch by **15 October 2018**.

Email: knoch@fwsk.net.

Translation

Alongside the English translation being provided, we are happy to organize additional simultaneous interpretation as required for other languages. We hope you will understand that this is only financially viable for us if there are ten or more participants, i.e. if there are fewer registrations from a language area we would ask you to organize to bring your own translator with you whom we will, of course, offer a conference ticket free of charge.

In such an event please inform the conference organizers by email by no later than **15 October 2018** (tagungen@medsektion-goetheanum.ch).

Certification

This conference is part of the certified further training to become a kindergarten and school physician.

Publishing information

In collaboration with



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Booking Form

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Prematurely born and chronically ill children in kindergarten and school

A Conference of the Medical Section

in collaboration with the Association of Anthroposophical Physicians in Germany/GAÄD

at the Goetheanum from Saturday, 27 to Tuesday, 30 October 2018

Booking closes: Saturday, 13 October 2018

Please complete the booking form and mail, fax or email to:

Goetheanum Empfang, Postfach, CH-4143 Dornach

Fax + 41 61 706 4446, Tel. + 41 61 706 4444 email tickets@goetheanum.org

Please fill out in block capitals!

Ms Mr

Name, first name _____

Billing address private address address of institution _____

Name of institution _____

Street, n° _____

Town _____

Postcode _____

Country _____

Phone/fax _____

Email _____

Occupation _____

I need translation into English

Conference ticket CHF 260 (regular price) CHF 160 (concessions¹)

Meals (3 lunch, 3 evening meal) CHF 150

Midday Courses (at 12.00): Eurythmy therapy or Creative speech or Chamber music

Workshops (at 15.00): 1st choice, n° _____ 2nd choice², n° _____ 3rd choice², n° _____

Parking at the Goetheanum Parking permit: CHF 25

Insurance

Cancellation insurance (5% of the total costs, CHF 10 minimum)

See cancellation conditions in the General Information

Payment methods

on invoice (only Switzerland and Euro zone)

Credit card (all countries) Visa MasterCard

Card number: ____/____/____/____ Expiry date: ____/____

I agree to the terms of payment and cancellation.

Place, date, signature

Biannual events magazine (Pdf-Download): www.goetheanum.org/en/events/events-magazine

¹ Concessions apply for students, OAPs, the unemployed, those in training, military or civil service and people with disabilities who receive benefits. Proof of status has to be submitted with your booking form.

² When registering, your first choice is no longer open, is cancelled or will be cancelled, your second and third choice will be taken into account. If your first, second or third choice is full, we will try to contact you. Please look for updated information at the start of the conference.

Terms and Conditions will be sent on request or can be accessed online at www.goetheanum.org/6025.html.

